

Always Believe in Yourself!

ACTIVITY BOOK



Written by Elyse Sayers
Illustrated by Alby Joseph



Thank you for your support of the Elyse So
Powerful Series. Special Thanks to Grandma Ann,
Grandma Sylvia, Jeannine, Kari, Stephanie, and
Veda for listening to our ideas, reviewing content,
and providing feedback on this project. Your input
is invaluable and greatly appreciated.



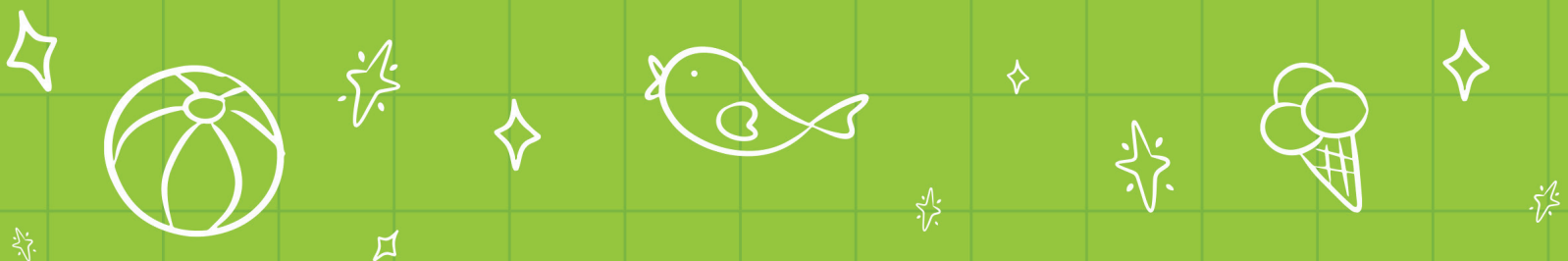


Introduction

Thank you for supporting the Elyse So Powerful Book Series. This Activity Book accompanies *Always Believe in Yourself!*, the first book in the Elyse So Powerful Series, and is intended for adults and children to enjoy together.

There are affirmations to be read aloud on each activity page. The affirmations are listed at the top of the page along with accompanying activities for the day.

We suggest completing one activity set daily. Younger readers will need adult assistance with the individual activities.





Affirmations to be Read to Child

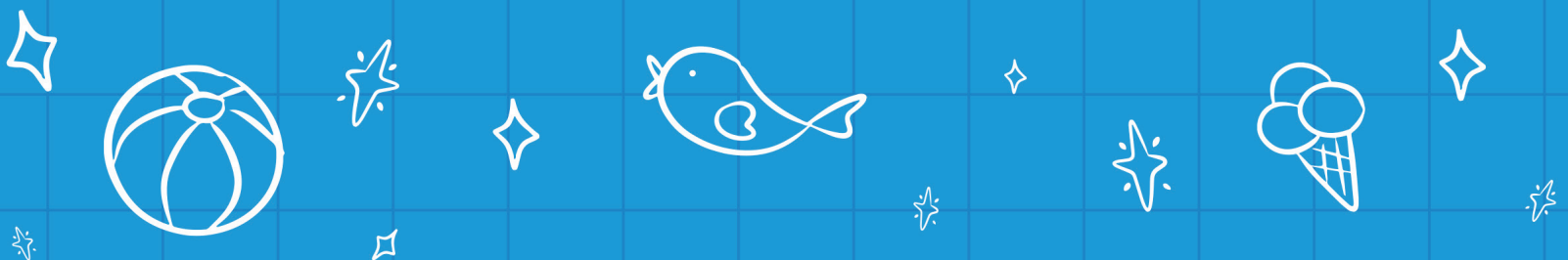
1. You are unique!
2. You have a great purpose in life!
3. You can do anything!
4. You are a leader!
5. You can change the world!
6. You are strong!
7. You are compassionate!
8. You are smart!
9. You are powerful!
10. Your thoughts are very powerful!
11. You are amazing!
12. Always believe in yourself!





Affirmations for Child to Say Aloud

1. You are unique!
2. You have a great purpose in life!
3. You can do anything!
4. You are a leader!
5. You can change the world!
6. You are strong!
7. You are compassionate!
8. You are smart!
9. You are powerful!
10. Your thoughts are very powerful!
11. You are amazing!
12. Always believe in yourself!





Today's Affirmation

I AM UNIQUE!



Say
Out Loud

**I AM
UNIQUE**

ACTIVITY

WRITE TODAY'S AFFIRMATION.

SPELLING WORD
OF THE DAY

UNIQUE

DICTIONARY

LOOK UP TODAY'S SPELLING WORD
AND WRITE MEANING HERE





ACTIVITY

WRITE OR DRAW ABOUT BEING

UNIQUE

A large, white, cloud-shaped area with a scalloped border, intended for writing or drawing.